2021 Puetz Memorial - 3/30/2021

Pawnee Park

Results

Event 1 Girls High Jump

	Name	School	Finals
Finals			
1	Emma Anibal	Bennington	5-00.00
2	Kali Jurgensmeier	Bishop Neuma	J5-00.00
3	Tasha Freiberg	South Sioux	4-10.00
4	Anna Ehlers	Columbus Sco	J4-10.00
5	Aubrey Novacek	Aquinas Cath	J4-10.00
6	Blake Barcel	Columbus Lak	4-08.00
6	Alli Hartman	Aquinas Cath	4-08.00
7	Trista Harsma	South Sioux	J4-08.00
9	Andi Belt	Wayne High	4-06.00
9	Lainey Weist	Bishop Neuma	4-06.00
9	Josie Bentz	Columbus Lak	4-06.00
12	Mazzi Melton	Bennington	4-04.00
12	Molly Frenzen	Columbus Lak	4-04.00
---	Kyra Boman	Columbus Sco	NH
---	Anna Toline	Bishop Neuma	NH

Event 2 Boys High Jump

	Name	School	Finals
Finals			
1	Kyle Napier	Aquinas Cath	6-00.00
2	Treyton Blecke	Wayne High	5-10.00
3	Weston Heineman	Bennington	5-06.00
4	Turner Halvorsen	Columbus Lak	J5-06.00
5	Devon Jorgensen	Bennington	5-04.00
6	Kolby Blaser	Columbus Lak	5-02.00
6	Tim Sliva	Columbus Sco	5-02.00
7	Cody Harris	South Sioux	J5-02.00
7	Patrick Spoehr	Bennington	J5-02.00
7	Connor Schutt	Bishop Neuma	J5-02.00
---	Kolten Cada	Bishop Neuma	NH
---	Carter Junck	Wayne High	NH
---	Karson Sander	Bishop Neuma	NH
---	Xavier Kadous	Columbus Lak	NH
---	Ian Santana	South Sioux	NH

Event 3 Girls Pole Vault

	Name	School	Finals
Finals			
1	Allie Lieber	South Sioux	8-00.00
2	Tatum Dowding	Bennington	7-06.00
3	Grace Hatcher	Columbus Lak	J7-06.00
4	Shelby Bridger	Columbus Sco	J7-06.00
5	Riley Bryant	Bennington	7-00.00
6	Kate Langford	Bennington	6-06.00
7	Morgan Finecy	Columbus Lak	J6-06.00
8	Virginia Kniesche	Wayne High	6-00.00
8	Makenna Svehla	Columbus Sco	6-00.00
8	Kiera Brader	Wayne High	6-00.00
---	Angelina Phothisam	South Sioux	NH
---	Carla Villicana	South Sioux	NH

Event 4 Boys Pole Vault

	Name	School	Finals
Finals			
1	Ben Shonka	Aquinas Cath	11-06.00
2	Brock Mahoney	Columbus Lak	11-00.00
3	Hunter Stutzman	Aquinas Cath	10-06.00
4	Evan Utech	Bennington	10-00.00
5	Eli Barner	Wayne High	9-06.00
6	Jake Heesacker	Columbus Sco	J9-06.00
7	Owen Bargen	Columbus Lak	8-06.00
7	Zach Zitek	Aquinas Cath	8-06.00
---	Lance Muhs	Wayne High	NH
---	Sam Junck	Wayne High	NH
---	Dustin Molt	Columbus Lak	NH
---	Alec Diers	Bennington	NH
---	Jose Garcia	South Sioux	NH
---	James Fuller	Bennington	NH
---	Diego Escalante	South Sioux	NH
---	Kayden Ramirez	South Sioux	NH

Event 5 Girls Long Jump

	Name	School	Finals
Finals			
1	Mary Chvatal	Bishop Neuma	15-11.50
2	Tatum Dowding	Bennington	15-03.50
3	Trista Harsma	South Sioux	J15-03.50
4	Aubrey Novacek	Aquinas Cath	15-00.00
5	Taylor Ryan	Bennington	14-11.50
6	Clarissa Kosch	Columbus Sco	14-11.00
7	Caitlin McGuigan	Bishop Neuma	14-08.00
8	Jordan Kriens	South Sioux	14-05.50
9	Gracie King	South Sioux	14-04.50
10	Kyra Boman	Columbus Sco	14-02.75
11	Lizzie Lilly	Bishop Neuma	14-01.50
12	Karis Peterson	Bennington	14-00.00
13	Sierra Mutchler	Wayne High	13-02.50
14	Grace Hatcher	Columbus Lak	13-00.75
15	Audrey Sprunk	Columbus Sco	12-11.00
16	Frantzdie Barner	Wayne High	12-09.50
17	Jane Johnson	Columbus Lak	12-08.50
18	Jayla Walton	Wayne High	12-04.50
19	Natalie Eller	Aquinas Cath	11-11.50
20	Gretchen Kozisek	Aquinas Cath	11-09.00

Event 6 Boys Long Jump

	Name	School	Finals
Finals			
1	Dylan Mostek	Bennington	22-02.00
2	Spencer Wiese	Bishop Neuma	20-06.25
3	Caleb Thege	Aquinas Cath	19-11.25
4	Juan Rodriguez	Columbus Lak	18-11.00
5	Curtis Humlicek	Aquinas Cath	18-10.00
6	Cooper Tessendorf	Columbus Lak	18-05.75
7	Devon Jorgensen	Bennington	18-05.50
8	Weston Heineman	Bennington	18-02.00

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Results

Finals ... (Event 6 Boys Long Jump)

	Name	School	Finals
9	Kannon Cada	Bishop Neuma	17-07.75
10	Karson Sander	Bishop Neuma	17-06.75
X11	Reece Wilson-Jaqua	Wayne High	17-06.00
12	Tim Sliva	Columbus Sco	17-03.50
X13	Sam Junck	Wayne High	16-02.00
14	Mason Hobza	Columbus Lak	16-01.75
15	A.J. Oltmer	Aquinas Cath	16-00.75
16	Logan Erickson	Columbus Sco	15-11.00
17	Demarico Young	South Sioux	15-06.25
18	Mason Putney	Columbus Sco	14-00.75
---	Ashton Blair	South Sioux	ND

Event 7 Girls Triple Jump

	Name	School	Finals
Finals			
1	Madisen Jelinek	Aquinas Cath	33-09.00
2	Anna Ehlers	Columbus Sco	32-04.75
3	Clarissa Kosch	Columbus Sco	32-03.75
X4	Andi Belt	Wayne High	32-02.25
5	Mary Chvatal	Bishop Neuma	31-07.25
6	Julia Ingwersen	Bishop Neuma	31-05.00
7	Trista Harsma	South Sioux	30-10.75
8	Anna Toline	Bishop Neuma	30-08.75
9	Haley Frenzen	Columbus Lak	30-07.50
10	Bethany Emswiler	Aquinas Cath	30-03.00
11	Grace Reiter	Aquinas Cath	29-10.00
12	Grace Hatcher	Columbus Lak	28-09.50
X13	Katelyn Vanhorn	Wayne High	28-03.75
14	Alexa Munhofen	South Sioux	27-05.00
15	Jane Johnson	Columbus Lak	26-07.00
XX---	Alexandra Harrelll	Wayne High	ND

Event 8 Boys Triple Jump

	Name	School	Finals
Finals			
1	Jude Yindrick	Aquinas Cath	43-00.50
2	Kyle Napier	Aquinas Cath	40-07.75
3	Curtis Humlicek	Aquinas Cath	39-02.50
X4	Sedjro Aguomba	Wayne High	38-05.00
X5	Reece Wilson-Jaqua	Wayne High	37-00.00
6	Layne Forney	Columbus Lak	36-04.00
X7	Eli Barner	Wayne High	35-08.75
8	Silas Mongar	Bishop Neuma	35-06.00
9	Karson Sander	Bishop Neuma	35-03.25
10	Kolten Cada	Bishop Neuma	34-01.50
11	Todd Comstock	South Sioux	33-10.00
12	Devon Jorgensen	Bennington	31-10.00
13	Grason Schatz	Columbus Lak	29-09.00
---	Mason Putney	Columbus Sco	ND
---	Tim Sliva	Columbus Sco	ND
---	Dylan Mostek	Bennington	ND
---	Xavier Kadous	Columbus Lak	ND
---	Weston Heineman	Bennington	ND

Event 9 Girls Discus Throw

	Name	School	Finals
Finals			
1	Ashley Dierks	Bennington	102-09
2	Chloe Walker	Columbus Sco	100-03
3	Gracyn Wollmer	Aquinas Cath	99-08
4	Nyaluet Diew	South Sioux	99-06
5	Hailey Steffensmeier	Columbus Sco	95-08
X6	Brooklyn Kruse	Wayne High	92-05
7	Berlin Kluever	Columbus Sco	90-03
8	Jessica Sedlacek	Bishop Neuma	86-09
9	Abi Brown	Bennington	86-01
10	Kaysha Swartz	Bishop Neuma	85-10
11	Joslyn Eviglo	South Sioux	85-03
12	Angeline Rasby	Bennington	82-10
13	Sydie Briggs	Columbus Lak	81-07
14	Cassidy Most	Bishop Neuma	81-00
15	Vickie Greenwall	Columbus Lak	77-09
16	Claire Wisnieski	Aquinas Cath	75-09
X17	Delaney Kruse	Wayne High	75-08
18	Paxton Luche	Columbus Lak	74-04
19	Shae Junck	Aquinas Cath	67-03
20	Abbi Aitken	South Sioux	58-06
X21	Jersi Jensen	Wayne High	49-09

Event 10 Boys Discus Throw

	Name	School	Finals
Finals			
1	Landon Ternus	Columbus Lak	129-08
2	Eli Osten	Columbus Lak	116-00
3	Ashton Stubbert	Columbus Lak	111-04
4	Luke Schmitt	Aquinas Cath	109-08
5	Josh Uhrmacher	Aquinas Cath	109-00
6	Keysean Taylor	South Sioux	J109-00
7	Jesse Vanderwoude	South Sioux	105-02
8	Reilly Miller	Aquinas Cath	102-09
9	Issac Godinez Ponce	South Sioux	99-10
10	Cadin McGuigan	Bishop Neuma	95-06
11	Tyler Stuart	Columbus Sco	94-08
12	Trenton Moudry	Bishop Neuma	92-04
13	Evan Schwede	Bishop Neuma	89-01
14	Lyndon Obal	Columbus Sco	85-00
15	Alex Novicki	Columbus Sco	84-03
X16	Daniel Judd	Wayne High	71-10
X17	Carter Fernau	Wayne High	67-09

Event 11 Girls Shot Put

	Name	School	Finals
Finals			
1	Hailey Steffensmeier	Columbus Sco	36-03.00
X2	Brooklyn Kruse	Wayne High	35-08.50
3	Kaysha Swartz	Bishop Neuma	35-04.00
4	Chloe Walker	Columbus Sco	34-01.00
5	Angeline Rasby	Bennington	31-11.00
6	Berlin Kluever	Columbus Sco	31-02.50

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Results

Finals ... (Event 11 Girls Shot Put)

	Name	School	Finals
7	Nyaluet Diew	South Sioux	31-02.00
8	Melissa DeLaTorre	South Sioux	30-09.00
9	Sydie Briggs	Columbus Lak	30-02.00
9	Jessica Sedlacek	Bishop Neuma	30-02.00
11	Vickie Greenwall	Columbus Lak	30-01.50
11	Ashley Dierks	Bennington	30-01.50
13	Claire Wisnieski	Aquinas Cath	30-00.50
14	Gracyn Wollmer	Aquinas Cath	29-09.50
15	Maya Flynn	Bennington	29-04.50
16	Shae Junck	Aquinas Cath	28-02.00
X17	Courtney Brink	Wayne High	28-01.00
17	Hannah Thulin	Bishop Neuma	28-01.00
19	Emerson Palsma	South Sioux	27-09.50
20	Macy Blahak	Columbus Lak	23-04.00
X21	Gabi Judd	Wayne High	22-05.50

Event 12 Boys Shot Put

	Name	School	Finals
Finals			
1	Landon Ternus	Columbus Lak	47-03.00
2	Josh Uhrmacher	Aquinas Cath	44-00.50
3	Austen Smith	Columbus Lak	42-08.00
4	Keysean Taylor	South Sioux	41-07.00
5	Issac Godinez Ponce	South Sioux	41-03.00
6	Trenton Moudry	Bishop Neuma	40-07.00
7	Eli Osten	Columbus Lak	40-05.50
8	Cadin McGuigan	Bishop Neuma	38-05.00
9	Luke Schmitt	Aquinas Cath	37-07.00
10	Reilly Miller	Aquinas Cath	35-07.00
11	Charles Sousek	Bishop Neuma	34-00.00
12	Ruben Hernandez	South Sioux	31-04.00
X13	Daniel Judd	Wayne High	30-11.00
14	Tyler Stuart	Columbus Sco	30-09.00
15	Lyndon Obal	Columbus Sco	30-02.50
16	David DeLeon	Columbus Sco	28-08.00
X17	Lance Muhs	Wayne High	26-08.00
X18	Carter Fernau	Wayne High	26-07.00

Event 13 Girls Distance Medley

	Team	Relay	Finals
Finals			
1	South Sioux City	A	14:25.47
	1) Ashley Hedquist	2) Emily Penne	
	3) Brooklyn Heineman	4) Emane Ahmed	
X2	Wayne High	A	15:29.73
	1) Faith Powicki	2) Virginia Kniesche	
	3) Kiara Krusemark	4) Laura Hasemann	
3	Columbus Scotus	A	15:38.60
	1) Whitney Klug	2) Brooke Lehr	
	3) Neve Pavlik	4) Emily Ferguson	

Event 14 Boys Distance Medley

	Team	Relay	Finals
Finals			
1	South Sioux City	A	11:51.60
	1) Mesuidi Ejerso	2) Ian Santana	
	3) Cobe Albertson	4) Juan Balderas	
2	Bishop Neumann	A	12:47.95
	1) Jude Polacek	2) Ezra Vedral	
	3) Kolten Cada	4) Peter Kavan	
X3	Wayne High	A	13:28.29
	1) Mason Ley	2) Layne Evans	
	3) ~~Sean Aschoff~~ Ethan Wibben	4) ~~Jesus Zavala~~ Sean Aschoff	
4	Columbus Scotus	A	13:37.01
	1) Kameron Kudron	2) Rudy Brunkhorst	
	3) Logan Erickson	4) Caleb Schumacher	
5	Columbus Lakeview	A	15:01.74

Event 15 Girls 4x800 Meter Relay

	Team	Relay	Finals
Finals			
1	Bennington	A	10:46.26
	1) Samantha Jansen	2) Calla Wittland	
	3) Mackenzie Spencer	4) Gabriela Calderon	
2	Bishop Neumann	A	10:50.33
	1) Cassie Coufal	2) Aubrey Syliaassen	
	3) Alaina Furasek	4) Teresa Quinn	
3	South Sioux City	A	11:50.27
	1) Rylee Faling	2) Lorena Valdivia	
	3) Gloria Flores	4) Isabelle Eviglo	
X4	Wayne High	A	11:54.62
	1) Andi Belt	2) Raegan Maas	
	3) ~~Katy Jones~~ Kiara Krusemark	4) Rubie Klausen	
5	Columbus Lakeview	A	13:18.82

Event 16 Boys 4x800 Meter Relay

	Team	Relay	Finals
Finals			
1	Bishop Neumann	A	8:50.09
	1) Seth Fairbanks	2) Andrew Wyllie	
	3) Luke Meis	4) Silas Mongar	
2	Bennington	A	9:01.50
	1) Silas Hughes	2) Jack Thompson	
	3) Jose Goertz	4) Layton Schultz	
3	Columbus Scotus	A	9:37.20
	1) Michael Gasper	2) Jackson Heng	
	3) Nicolas Schultz	4) Ben Juarez	
4	South Sioux City	A	9:42.55
	1) Helmer Garcia	2) Rodrigo Lopez	
	3) Ivan Morelos	4) Moises Lupercio	
5	Aquinas Catholic	A	9:53.49
	1) Xavier Fiala	2) Luke Reiter	
	3) Terrance Wachal	4) Jeremy Drozda	
6	Columbus Lakeview	A	10:30.37

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Results

Finals ... (Event 16 Boys 4x800 Meter Relay)

	Team	Relay	Finals
X7	Wayne High	A	10:44.22
	1) Lance Muhs	2) ~~Brayden McCorkindale~~ Parker Kesting	
	3) ~~Parker Kesting~~ Ethan Wibben	4) ~~Ethan Wibben~~ Easton Blecke	

Event 17 Girls 100 Meter Hurdles

	Name	School	Prelims
Preliminaries			
1	Grace Mustard	Columbus Sco	15.84q
2	Molly Frenzen	Columbus Lak	17.67q
3	Tasha Freiberg	South Sioux	18.34q
4	Kate Langford	Bennington	18.60q
5	Alli Hartman	Aquinas Cath	18.66q
6	Valeria Salcido	South Sioux	18.72q
7	Lizzie Lilly	Bishop Neuma	18.75q
8	Grace Sullivan	Bishop Neuma	19.54q
9	Bethany Emswiler	Aquinas Cath	19.80
10	Lainey Weist	Bishop Neuma	19.91
11	Cherish Moore	Columbus Lak	20.03
X12	Jaycee Bruns	Wayne High	21.94
X13	Katelyn Vanhorn	Wayne High	22.67
X14	Sierra Mutchler	Wayne High	23.33

Event 17 Girls 100 Meter Hurdles

	Name	School	Finals
Finals			
1	Grace Mustard	Columbus Sco	15.84
2	Molly Frenzen	Columbus Lak	17.67
3	Tasha Freiberg	South Sioux	18.34
4	Kate Langford	Bennington	18.60
5	Alli Hartman	Aquinas Cath	18.66
6	Valeria Salcido	South Sioux	18.72
7	Lizzie Lilly	Bishop Neuma	18.75
8	Grace Sullivan	Bishop Neuma	19.54

Event 18 Boys 110 Meter Hurdles

	Name	School	Prelims
Preliminaries			
1	Kamdyn Swartz	Bishop Neuma	15.69q
2	Dhugomsa Mohammed	South Sioux	16.18q
3	Maytie Phasavath	South Sioux	16.77q
4	Ezra Vedral	Bishop Neuma	17.21q
5	Justin Sliva	Columbus Sco	17.38q
6	John Prochaska	Aquinas Cath	17.53q
7	Cooper Diamond	Bennington	17.87q
8	Jake Witter	Aquinas Cath	18.15q
9	Calvin Sassaman	Bishop Neuma	18.28
10	Marco Alvarado	South Sioux	18.90
11	Carson Lachapelle	Bennington	19.28
X12	Yair Alcantara	Wayne High	20.47

Event 18 Boys 110 Meter Hurdles

	Name	School	Finals
Finals			
1	Kamdyn Swartz	Bishop Neuma	15.69
2	Dhugomsa Mohammed	South Sioux	16.18
3	Maytie Phasavath	South Sioux	16.77
4	Ezra Vedral	Bishop Neuma	17.21
5	Justin Sliva	Columbus Sco	17.38
6	John Prochaska	Aquinas Cath	17.53
7	Cooper Diamond	Bennington	17.87
8	Jake Witter	Aquinas Cath	18.15

Event 19 Girls 100 Meter Dash

	Name	School	Prelims
Preliminaries			
1	Macy Stock	Columbus Lak	13.36q
2	Ashlynn Garcia	South Sioux	13.56q
3	Jocelyn Stara	Aquinas Cath	13.70q
4	Mary Chvatal	Bishop Neuma	13.72q
5	Jordan Kriens	South Sioux	13.73q
6	Abi Brown	Bennington	14.00q
7	Riley Bryant	Bennington	14.04q
8	Trista Birkel	Aquinas Cath	14.06q
X9	Frantzdie Barner	Wayne High	14.20
10	Alexa Munhofen	South Sioux	14.35
11	Ashley Hoffman	Columbus Sco	14.39
12	Josie Bentz	Columbus Lak	14.51
13	Emma Sellers	Aquinas Cath	14.53
14	Ela Lanik	Bishop Neuma	14.62
15	Kendal Vculek	Bishop Neuma	15.13
16	Rosie Sucha	Columbus Sco	15.79
17	Riley Jarecki	Columbus Sco	16.39
X18	Alondra Vega	Wayne High	18.43
X19	Elizabeth Vargas Reyna	Wayne High	25.92

Event 19 Girls 100 Meter Dash

	Name	School	Finals
Finals			
1	Macy Stock	Columbus Lak	13.36
2	Ashlynn Garcia	South Sioux	13.56
3	Jocelyn Stara	Aquinas Cath	13.70
4	Mary Chvatal	Bishop Neuma	13.72
5	Jordan Kriens	South Sioux	13.73
6	Abi Brown	Bennington	14.00
7	Riley Bryant	Bennington	14.04
8	Trista Birkel	Aquinas Cath	14.06

Event 20 Boys 100 Meter Dash

	Name	School	Prelims
Preliminaries			
1	Dylan Mostek	Bennington	11.02q
2	Adam Van Cleave	Columbus Lak	11.42q
3	Trey Kenkel	Bennington	11.50q
4	Joe Sutton	Bennington	11.63q
5	Garrett Oakley	Columbus Sco	11.87q
6	Kyle Napier	Aquinas Cath	11.92q
7	Khyler Shortridge	Columbus Lak	11.94q
8	Michael Andel	Aquinas Cath	11.99q
9	William Kavan	Bishop Neuma	12.07
10	Cody Harris	South Sioux	12.29

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Results

Preliminaries ... (Event 20 Boys 100 Meter Dash)

	Name	School	Prelims
11	Juan Rodriguez	Columbus Lak	12.37
12	Trenton Moudry	Bishop Neuma	12.42
~~13~~	Koby Nelson	Wayne High	12.57
14	Todd Comstock	South Sioux	12.70
15	Ashton Blair	South Sioux	13.05
16	Connor Schutt	Bishop Neuma	13.10
~~17~~	Lance Muhs	Wayne High	13.60
~~18~~	Sam Junck	Wayne High	13.99
---	Curtis Humlicek	Aquinas Cath	DNF

Event 20 Boys 100 Meter Dash

	Name	School	Finals
Finals			
1	Dylan Mostek	Bennington	11.02
2	Adam Van Cleave	Columbus Lak	11.42
3	Trey Kenkel	Bennington	11.50
4	Joe Sutton	Bennington	11.63
5	Garrett Oakley	Columbus Sco	11.87
6	Kyle Napier	Aquinas Cath	11.92
7	Khyler Shortridge	Columbus Lak	11.94
8	Michael Andel	Aquinas Cath	11.99

Event 21 Girls 1600 Meter Run

	Name	School	Finals
Finals			
1	Olivia Fehringer	Columbus Sco	5:56.41
2	Cassie Coufal	Bishop Neuma	5:58.25
3	Gianna Frasher	Aquinas Cath	6:07.44
~~4~~	Faith Powicki	Wayne High	6:21.33
5	Bianca Romshek	Aquinas Cath	6:21.95
6	Bailey Maly	Bishop Neuma	6:32.38
7	Kenzie Spencer	South Sioux	6:32.50
8	Whitney Klug	Columbus Sco	6:49.41
9	Lily Dohmen	Columbus Sco	7:36.50

Event 22 Boys 1600 Meter Run

	Name	School	Finals
Finals			
1	Payton Davis	Aquinas Cath	4:36.07
2	Turner Halvorsen	Columbus Lak	5:00.33
3	Michael Gasper	Columbus Sco	5:04.23
4	Gabe Gassen	Columbus Sco	5:07.01
5	Andrew Wyllie	Bishop Neuma	5:09.09
6	Rodrigo Lopez	South Sioux	5:25.23
7	Peter Kavan	Bishop Neuma	5:30.26
8	Adam Hamilton	South Sioux	5:33.31
~~9~~	Parker Kesting	Wayne High	5:54.92
10	Caleb Schumacher	Columbus Sco	6:03.02
11	Zane Abler	Bishop Neuma	6:03.39
12	Alex Holmberg	Columbus Lak	8:22.05
---	Josh Gambica	Columbus Lak	DNF

Event 23 Girls 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	South Sioux City	A	53.43
	1) Trista Harsma	2) Emily Penne	
	3) Gracie King	4) Ashlynn Garcia	
2	Columbus Lakeview	A	53.62
3	Bennington	A	53.77
	1) Tatum Dowding	2) Kennedy Wade	
	3) Kate Langford	4) Taylor Ryan	
4	Aquinas Catholic	A	54.13
	1) Trista Birkel	2) Madisen Jelinek	
	3) Ava Hilger	4) Jocelyn Stara	
5	Bishop Neumann	A	54.23
	1) Mary Chvatal	2) Kaysha Swartz	
	3) Lydia Schoeneck	4) Kinslee Bosak	
6	Columbus Scotus	A	57.07
	1) Audrey Sprunk	2) Ashley Hoffman	
	3) Shelby Bridger	4) Anna Ehlers	
~~7~~	Wayne High	A	58.80
	1) Frantzdie Barner	2) Virginia Kniesche	
	3) Delaney Kruse	4) Sierra Mutchler	

Event 24 Boys 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	Bennington	A	44.06
	1) Joe Sutton	2) Dylan Mostek	
	3) Blake Olbrich	4) Trey Kenkel	
2	Aquinas Catholic	A	45.30
	1) Curtis Humlicek	2) John Prochaska	
	3) Kyle Napier	4) Caleb Thege	
3	South Sioux City	A	46.69
	1) Demarico Young	2) Ian Santana	
	3) Gage Curry	4) Maytie Phasavath	
4	Columbus Scotus	A	48.52
	1) Justin Sliva	2) Garrett Oakley	
	3) Nicolas Schultz	4) Jake Heesacker	
5	Bishop Neumann	A	51.74
	1) Kamdyn Swartz	2) Seth Fairbanks	
	3) William Kavan	4) Spencer Wiese	
---	Columbus Lakeview	A	DNF
~~---~~	Wayne High	A	DNF
	1) Alex Phelps	2) Koby Nelson	
	3) Layne Evans	4) Sedjro Aguomba	

Event 25 Girls 400 Meter Dash

	Name	School	Finals
Finals			
1	Kali Jurgensmeier	Bishop Neuma	1:04.69
2	Kinslee Bosak	Bishop Neuma	1:06.37
3	Clarissa Kosch	Columbus Sco	1:07.04
~~4~~	Kiara Krusemark	Wayne High	1:09.58
5	Emma Sellers	Aquinas Cath	1:09.64
6	Ashley Hoffman	Columbus Sco	1:10.12

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Results

Finals ... (Event 25 Girls 400 Meter Dash)

	Name	School	Finals
7	Grace Reiter	Aquinas Cath	1:10.64
~~8~~	~~Josie Bentz~~	~~Columbus Lak~~	~~1:11.28~~
X 9	Brooklyn Kruse	Wayne High	1:11.53
10	Brooklyn Heineman	South Sioux	1:11.88
11	Anna Toline	Bishop Neuma	1:12.36
12	Haley Frenzen	Columbus Lak	1:12.78
13	Madi Schmaderer	Bennington	1:15.91
14	Allisen Jelinek	Aquinas Cath	1:18.68

Event 26 Boys 400 Meter Dash

	Name	School	Finals
Finals			
1	Blake Olbrich	Bennington	52.32
2	Jude Yindrick	Aquinas Cath	53.98
3	Kale Bird	Bennington	54.71
4	Simon Janssen	Columbus Lak	54.95
5	Landon Ternus	Columbus Lak	56.04
6	Samuel Vrana	Bishop Neuma	57.21
7	Trenton Moudry	Bishop Neuma	58.43
8	Jaxon Ondracek	Aquinas Cath	58.69
9	Gavin Jensen	Bennington	59.09
10	Braxton Borer	Columbus Lak	59.82
11	Cobe Albertson	South Sioux	1:00.42
12	Helmer Garcia	South Sioux	1:02.64
X 13	Drew Fertig	Wayne High	1:03.36
14	Jacob Moravec	Aquinas Cath	1:03.89
15	Alex Novicki	Columbus Sco	1:07.97

Event 27 Girls 300 Meter Hurdles

	Name	School	Finals
Finals			
1	Grace Mustard	Columbus Sco	51.55
2	Lizzie Lilly	Bishop Neuma	53.86
3	Molly Frenzen	Columbus Lak	54.16
4	Amelia Wempen	Bennington	54.53
5	Grace Sullivan	Bishop Neuma	54.80
6	Trista Birkel	Aquinas Cath	54.82
7	Lainey Weist	Bishop Neuma	57.51
8	Isabel Zaruba	Columbus Sco	58.74
9	Valeria Salcido	South Sioux	58.86
X 10	Jaycee Bruns	Wayne High	59.29
11	Bethany Emswiler	Aquinas Cath	59.34
12	Alli Hartman	Aquinas Cath	59.43
13	Kensey Micek	Columbus Sco	59.74
X 14	Katelyn Vanhorn	Wayne High	1:05.86

Event 28 Boys 300 Meter Hurdles

	Name	School	Finals
Finals			
X 1	Layne Evans	Wayne High	42.53
2	Jake Witter	Aquinas Cath	42.72
3	Dhugomsa Mohammed	South Sioux	43.13
4	Cooper Diamond	Bennington	43.68
5	John Prochaska	Aquinas Cath	43.81
6	Kamdyn Swartz	Bishop Neuma	44.00
X 7	Alex Phelps	Wayne High	44.47
8	Ezra Vedral	Bishop Neuma	45.00
9	Calvin Sassaman	Bishop Neuma	45.07
10	Justin Sliva	Columbus Sco	46.32
X 11	Yair Alcantara	Wayne High	47.09
12	Marco Alvarado	South Sioux	48.07
13	Carson Lachapelle	Bennington	49.01

Event 29 Girls 800 Meter Run

	Name	School	Finals
Finals			
1	Gabriela Calderon	Bennington	2:32.50
2	Olivia Fehringer	Columbus Sco	2:34.51
3	Alaina Furasek	Bishop Neuma	2:49.50
4	Bianca Romshek	Aquinas Cath	2:49.53
5	Rylee Faling	South Sioux	2:51.89
6	Gloria Flores	South Sioux	2:52.75
7	Bailey Maly	Bishop Neuma	2:56.35
8	Lorena Valdivia	South Sioux	2:58.32
9	Mackenzie Spencer	Bennington	3:01.66
10	Emma Marcinek	Bennington	3:03.39
X 11	Rubie Klausen	Wayne High	3:07.22
12	Neve Pavlik	Columbus Sco	3:10.74

Event 30 Boys 800 Meter Run

	Name	School	Finals
Finals			
1	Payton Davis	Aquinas Cath	2:05.81
2	Turner Halvorsen	Columbus Lak	2:11.36
3	Layton Schultz	Bennington	2:15.29
4	Jack Thompson	Bennington	2:17.37
5	Jude Polacek	Bishop Neuma	2:18.13
6	Kolby Blaser	Columbus Lak	2:19.15
7	Moises Lupercio	South Sioux	2:25.67
X 8	Sean Aschoff	Wayne High	2:26.79
9	Julio Lopez	South Sioux	2:27.94
10	Ivan Morelos	South Sioux	2:28.43
11	Jose Goertz	Bennington	2:28.63
12	Zander Kavan	Aquinas Cath	2:33.61
13	Will Hrouda	Columbus Lak	2:33.80
14	Jackson Heng	Columbus Sco	2:33.83
15	Rudy Brunkhorst	Columbus Sco	2:40.41
X 16	Easton Blecke	Wayne High	2:52.53
17	Robert Pytlik	Aquinas Cath	3:01.01

Event 31 Girls 200 Meter Dash

	Name	School	Prelims
Preliminaries			
1	Macy Stock	Columbus Lak	27.95q
2	Tatum Dowding	Bennington	28.69q
3	Madisen Jelinek	Aquinas Cath	28.90q
4	Teresa Quinn	Bishop Neuma	29.31q
5	Jordan Kriens	South Sioux	29.60q
6	Riley Bryant	Bennington	29.73q
7	Kinslee Bosak	Bishop Neuma	29.85q

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Results

Preliminaries ... (Event 31 Girls 200 Meter Dash)

	Name	School	Prelims
8	Anna Ehlers	Columbus Sco	30.57q
9	Emily Eller	Aquinas Cath	31.15
10	Gretchen Kozisek	Aquinas Cath	31.25
11	Audrey Sprunk	Columbus Sco	31.63
12	Kyra Boman	Columbus Sco	31.89
~~13~~	~~Liberty Titiml~~	~~Wayne High~~	~~32.07~~
~~14~~	~~Sierra Mutchler~~	~~Wayne High~~	~~33.36~~
15	Blake Barcel	Columbus Lak	36.98
~~16~~	~~Logan Miller~~	~~Wayne High~~	~~39.94~~
---	Ubah Ali	South Sioux	DQ

Event 31 Girls 200 Meter Dash

	Name	School	Finals
Finals			
1	Macy Stock	Columbus Lak	27.95
2	Tatum Dowding	Bennington	28.69
3	Madisen Jelinek	Aquinas Cath	28.90
4	Teresa Quinn	Bishop Neuma	29.31
5	Jordan Kriens	South Sioux	29.60
6	Riley Bryant	Bennington	29.73
7	Kinslee Bosak	Bishop Neuma	29.85
8	Anna Ehlers	Columbus Sco	30.57

Event 32 Boys 200 Meter Dash

	Name	School	Prelims
Preliminaries			
1	Dylan Mostek	Bennington	23.11q
2	Adam Van Cleave	Columbus Lak	23.56q
3	Joe Sutton	Bennington	24.02q
4	Khyler Shortridge	Columbus Lak	24.13q
~~5~~	~~Sedjro Aguomba~~	~~Wayne High~~	~~24.14q~~
6	Spencer Wiese	Bishop Neuma	24.23q
7	William Kavan	Bishop Neuma	24.28q
8	Caleb Thege	Aquinas Cath	24.44q
9	Austen Smith	Columbus Lak	24.69
10	Seth Fairbanks	Bishop Neuma	24.70
11	A.J. Oltmer	Aquinas Cath	27.02
~~12~~	~~Drew Fertig~~	~~Wayne High~~	~~27.25~~
13	Caden Uhl	South Sioux	28.11
14	Kobe Haukap	South Sioux	28.15

Event 32 Boys 200 Meter Dash

	Name	School	Finals
Finals			
1	Dylan Mostek	Bennington	23.11
2	Adam Van Cleave	Columbus Lak	23.56
3	Joe Sutton	Bennington	24.02
4	Khyler Shortridge	Columbus Lak	24.13
~~5~~	~~Sedjro Aguomba~~	~~Wayne High~~	~~24.14~~
6	Spencer Wiese	Bishop Neuma	24.23
7	William Kavan	Bishop Neuma	24.28
8	Caleb Thege	Aquinas Cath	24.44

Event 33 Girls 3200 Meter Run

	Name	School	Finals
Finals			
1	Calla Wittland	Bennington	13:02.81
2	Aubrey Syliaassen	Bishop Neuma	13:29.45
3	Sarah Elftmann	Bennington	13:57.63
4	Emily Ferguson	Columbus Sco	14:33.39
5	Serena Swiatek	Columbus Sco	15:54.74
6	Cherish Moore	Columbus Lak	16:58.39

Event 34 Boys 3200 Meter Run

	Name	School	Finals
Finals			
1	Andrew Wyllie	Bishop Neuma	11:35.38
2	Ben Juarez	Columbus Sco	11:36.65
3	Terrance Wachal	Aquinas Cath	11:56.73
4	Remedan Abdulahi	South Sioux	12:03.59
5	Peter Kavan	Bishop Neuma	12:26.02
6	Logan Erickson	Columbus Sco	12:28.78
~~7~~	~~Mason Ley~~	~~Wayne High~~	~~12:37.50~~
~~8~~	~~Ethan Wibben~~	~~Wayne High~~	~~12:38.48~~
9	Kameron Kudron	Columbus Sco	12:44.73
10	Zane Abler	Bishop Neuma	13:26.64
11	Trey Hill	Columbus Lak	14:31.47

Event 35 Girls 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	Bishop Neumann	A	4:26.18
	1) Kali Jurgensmeier	2) Caitlin McGuigan	
	3) Teresa Quinn	4) Kinslee Bosak	
2	Bennington	A	4:28.17
	1) Madi Schmaderer	2) Emma Anibal	
	3) Taylor Ryan	4) Samantha Jansen	
3	Columbus Lakeview	A	4:28.25
4	Aquinas Catholic	A	4:50.42
	1) Jocelyn Stara	2) Madisen Jelinek	
	3) Emma Sellers	4) Ava Hilger	
~~5~~	Wayne High	A	5:00.19
	1) ~~Katy Jones~~ Jaycee Bruns	2) Brooklyn Kruse	
	3) Raegan Maas	4) Andi Belt	
6	Columbus Scotus	A	5:08.20
	1) Kensey Micek	2) Neve Pavlik	
	3) Lindsay Ohnoutka	4) Brooke Lehr	

Event 36 Boys 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	Bishop Neumann	A	3:36.48
	1) Seth Fairbanks	2) Silas Mongar	
	3) Kolten Cada	4) Spencer Wiese	
2	Columbus Lakeview	A	3:39.49
3	Bennington	A	3:46.14
	1) Kale Bird	2) Patrick Spoehr	
	3) Gavin Jensen	4) Nick Colvert	

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Results

Finals ... (Event 36 Boys 4x400 Meter Relay)

	Team	Relay	Finals
4	Aquinas Catholic	A	3:46.67
	1) Keegan Lavicky	2) Jake Witter	
	3) Jude Yindrick	4) John Prochaska	
5	Columbus Scotus	A	3:51.64
	1) Jake Heesacker	2) Garrett Oakley	
	3) Jackson Heng	4) Nicolas Schultz	
6	South Sioux City	A	4:06.32
	1) Maytie Phasavath	2) Gage Curry	
	3) Todd Comstock	4) Cody Harris	
*7	Wayne High	A	4:07.85
	1) ~~Sedjro Aguomba~~ Drew Fertig	2) Koby Nelson	
	3) Carter Junck	4) Yair Alcantara	

Event 37 Girls 1600 Sprint Medley

	Team	Relay	Finals
Finals			
1	South Sioux City	A	4:48.38
	1) Gracie King	2) Emily Penne	
	3) Ashlynn Garcia	4) Ashley Hedquist	
2	Columbus Scotus	A	4:58.59
	1) Grace Mustard	2) Audrey Sprunk	
	3) Clarissa Kosch	4) Olivia Fehringer	
*3	Wayne High	A	5:12.94
	1) Frantzdie Barner	2) Virginia Kniesche	
	3) Kiara Krusemark	4) Faith Powicki	
4	Bishop Neumann	A	5:21.27
	1) Lizzie Lilly	2) Anna Toline	
	3) Ela Lanik	4) Bailey Maly	
5	Columbus Lakeview	A	5:57.46

Event 38 Boys 1600 Sprint Medley

	Team	Relay	Finals
Finals			
1	Bennington	A	3:50.52
	1) Joe Sutton	2) Trey Kenkel	
	3) Blake Olbrich	4) Silas Hughes	
2	South Sioux City	A	3:53.75
	1) Demarico Young	2) Ashton Blair	
	3) Juan Balderas	4) Mesuidi Ejerso	
*3	Wayne High	A	4:06.87
	1) Alex Phelps	2) ~~Reece Wilson-Jaqua~~ Daniel Judd	
	3) Layne Evans	4) ~~Jesus Zarate~~ Sedjro Aguomba	
4	Aquinas Catholic	A	4:09.32
	1) Michael Andel	2) Jaxon Ondracek	
	3) Caleb Thege	4) Xavier Fiala	
5	Bishop Neumann	A	4:11.70
	1) William Kavan	2) Samuel Vrana	
	3) Kamdyn Swartz	4) Luke Meis	
6	Columbus Lakeview	A	4:13.44
7	Columbus Scotus	A	4:19.53
	1) Jake Heesacker	2) Garrett Oakley	
	3) Jackson Heng	4) Nicolas Schultz	

Women - Team Rankings - 19 Events Scored	
1) Columbus Scotus	115
2) Bennington	111
3) Bishop Neumann	110
4) South Sioux City	84
5) Aquinas Catholic	59.5
5) Columbus Lakeview	59.5
*7) Wayne High	41

Men - Team Rankings - 19 Events Scored	
1) Aquinas Catholic	136
2) Bennington	122
3) Columbus Lakeview	113.5
4) Bishop Neumann	74
5) South Sioux City	61
6) Columbus Scotus	40.5
*7) Wayne High	40